

#### STUDY SKILLS AND REVISION

# What kind of learner are you?

Before you start your revision sessions, have you ever considered what type of learner you are? It may be that you benefit from a certain style of studying or you may have a preferred style. Below you can explore the different ways in which you may revise. Read the summaries to find out more.

## **Auditory Learner**

Auditory learning is all to do with listening. If you are an auditory learner, you may benefit from:

- Discussions
- Video clips
- Q&A sessions
- Listening to music whilst you study
- Study groups

### **Visual Learner**

Visual learning is all to do with seeing. If you are a visual learner, you may benefit from:

- Posters
- Video clip
- Mind maps
- Colour coding
- Note taking

#### Kinaesthetic Learner

Kinaesthetic learning is more physical rather than listening or watching. If you are more of a kinaesthetic learner, then you may benefit from:

- Note taking
- Copying out notes
- Doodling
- Creating puzzles
- Moving whilst learning

As you can see, you may have a preferred style from each of the different ways of learning and you can use all 3 styles of learning. There may be one from the visual style helps you to remember information and the auditory. There is no set one. It is just to give you some ideas on the different types of studying, so find one that suits you!



# Task

It is time to find out which ways of learning works best for you. Take some time to have a go at each of the different ways you can revise. Which one helped you remember more? What style will you use to revise in the future?



| Auditory                     |   |
|------------------------------|---|
| Listen to a video clip and   | Write some questions for a question and |
| summarise here:              | answer session here:                    |
|                              |   |
|                              |   |
| Visual                       |   |
| Create a mini mind map here: | Do some note taking here:               |
| Create a minimum map here.   | Do some note taking here.               |
|                              |   |
|                              |   |
| Kinaesthetic                 |   |
| Doodle here:                 | Create your own puzzle here:            |
|                              |   |